Thursday 16th August 2012 (5pm – 10pm)
6:00 - 8:00pm weapons check
17:00 Set up (aim to be finished by 8pm)

Friday 17th August 2012
8:00 - 10:00am weapons check
09:00 Women's Foil
09:30 Men's Sabre
13:30 Veteran Men's & Women's Sabre
15:00 Club Teams: Women's Foil (but after Women's Foil)
~16:00 Club Teams: Men's Sabre (but after Veteran Sabre)
4:00 - 6:00pm weapons check
16:00 VIP event Official opening – Hon. Andrea Mitchell MLA (representing the Minister for Sport); Ron Alexander (DSR):
16:00 Have-a-go session

Saturday 18th August 2012 (8am – 6pm)
8:00 - 10:00am weapons check
08:30 Men's Foil
10:00 Women's Sabre
13:30 Veteran Men's & Women's Epee
15:30 Club Teams: Men's Foil (but after Men's Foil)
16:00 Club Teams: Women's Sabre (but after Women's Sabre)
4:00 - 6:00pm weapons check
15:30 VIP invitation – Patron Hon. Eric Ripper MLA
16:00 Have-a-go session

Sunday 19th August 2012 (8am – 6pm)
8:00 - 10:00am weapons check
8:00 - 14:00 AFT 2012 Foil Camp (Men and Women)
8:00 - 14:00 AFT 2012 Sabre Camp (Men & Women)
08:30 Men's Epee
10:00 Women's Epee
13:30* Veteran Men's & Women's Foil
15:00* Club Teams: Men's Epee (but after Men's Epee)
15:30* Club Teams: Women's Epee (but after Women's Epee)
17:00 (or as soon as possible) – Start to pack away majority of equipment

Monday 20th August 2012 (8am – 4pm)
8.30 – 3.30 pm AFT 2012 Epee Camp (Men & Women)
15:00 onwards – pack away any remaining equipment
The Australian Fencing Circuit #3 Event is proudly sponsored by Healthway to promote the Heart Foundation's Be Active message.

Below are some great tips to Be Active

- Opportunities to Be Active are all around you. For good health and to feel great, adults should find 30 minutes and young people at least 60 minutes of physical activity every day.

- You don’t need to join a gym to Be Active. Walking to the shops, going for a bike ride or doing some gardening are all good ways to incorporate physical activity into your daily routine.

- Be Active every day in as many ways as you can. Instead of riding in the car, try active ways of getting places, like walking or cycling. It will improve your health, save money and help the environment.

- Physical activity is a great way to relax and relieve stress. Join with friends, family or a team and Be Active today.

- Setting goals to Be Active every day will help keep you on track. Reward yourself when you achieve a goal.

- It’s never too late to start. No matter what your age, being active every day can improve your overall wellbeing.

- Physical activity is fun, especially when you are active with family, friends or a group. Being active with other people is a great way to stay motivated.

- Think of movement as an opportunity, not an inconvenience. Any form of body movement is an opportunity for improving health, not a time waster. Be Active today.

Please also don’t forget that this event is SmokeFree

For the health and comfort of others, please refrain from smoking inside or outside the venue.

Thank you.
Volunteer register

Please include your name and contact details and nominate as many times as you can make yourself available.

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<th>Name:</th>
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<th>Mobile:</th>
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<td>Set up (note – Set up may go beyond 8pm on the Saturday – volunteers will be required until gear is fully operational for Friday morning comps)</td>
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Pack up (note – pack up may go beyond 6pm on the Sunday – volunteers will be required until gear is packed away)
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Scorer / timekeeper
Scorer / timekeeper
Scorer / timekeeper
Scorer / timekeeper
Scorer / timekeeper
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Scorer / timekeeper
Scorer / timekeeper
Referee
Referee
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Referee
Please return to Ben at wafaweb@yahoo.com and contact Ben on 0413 426 595 if you need further information with respect to any job.

Thank you.
## BE ACTIVE

**Proposed floor layout 2012**

<table>
<thead>
<tr>
<th>Equipment area</th>
<th>AFF Camp and ‘BE ACTIVE Have a go’ Area (4 scoring machines to be set up)</th>
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<tbody>
<tr>
<td>1.</td>
<td>FINALS PISTES</td>
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<td>2.</td>
<td>New(rubber) pistes</td>
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<td>3.</td>
<td>Old (long) pistes</td>
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<td>4.</td>
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1m 5m 1m 5m
Piste setup (Pistes 1-4)

Scoring machine (on stand)

Note scoring machines should have scoring and timekeeping panels and should include a remote control.

Piste anchor (metal floor plate + chain + D-rings)
Piste anchor
Piste anchor
Piste anchor

Carpet underlay (if available) to minimise tape requirement.

Team seating
(4 seats per side)

Team seating

Scorers table
BE ACTIVE

Piste set up (Pistes 5-12)

Team seating
Scorers tables

Piste anchors
Scoring machines (back to back, on stand)
Piste anchors

Piste
Chain + D-rings only
Piste
Piste anchors

Piste anchors
Piste
Chain + D-rings only
Piste anchors

Carpet underlay (if available) to minimise tape requirement.